











ENVIRONMENTAL INFORMATION, AWARENESS, CAPACITY BUILDING & LIVELIHOOD PROGRAMME CENTRE (EIACP-PC)

Ministry of Environment, Forest and Climate Change (MoEF&CC), Govt. of INDIA

CSIR-NATIONAL BOTANICAL RESEARCH INSTITUTE (NBRI),
Rana Pratap Marg, Lucknow, India

Mission LiFE Awareness Programme among the students of Jawahar Navodaya Vidyalaya, Barabanki on 28th January 2025



ऊर्जा की बचत (Energy Saved) न्यूनतम पानी की बचत र्डलेक्टानिक अपंशिष्ट (Water (E-waste Saved) Reduced) स्वस्थ जीवन एकल प्रयोग शैली प्लास्टिक का न्यूनतम अभिग्रहण Lifestyle for Environment उपयोग (Healthy (Single Use Plastic Lifestyles Reduced) Adopted) जीवनशैली में सतत न्यूनतम अपशिष्ट खाद्य प्रणाली का उत्पत्ति अंगीकार **{Waste Reduced** (Swachhata (Sustainable Actions)} **Food Systems** Adopted)

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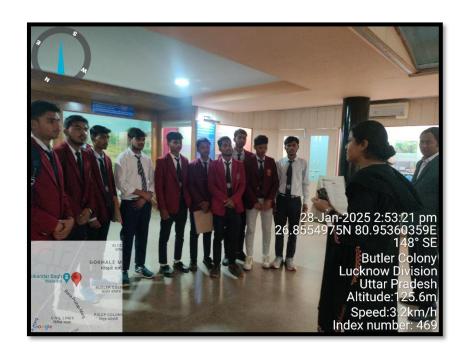
28th January 2025

Mission LiFE (Lifestyle for Environment) is an India-led global people's movement to mobilize individual and community action to protect and preserve the environment. On 28 January 2025, the National Botanical Research Institute (NBRI) hosted an engaging awareness program centered on the Mission LiFE (Lifestyle for Environment) initiative. The event aimed to inspire students from Jawahar Navodaya Vidyalaya, Barabanki to adopt sustainable habits and foster an understanding of environmental conserve

The session was led by **Mrs. Nausheen Nisar,** IT Officer, NBRI-EIACP. She introduced the students to the NBRI-EIACP Centre, explaining its role in environmental awareness and sustainability initiatives. Following this, she elaborated on the seven themes of Mission LiFE, emphasizing their importance in fostering an eco-friendly lifestyle.

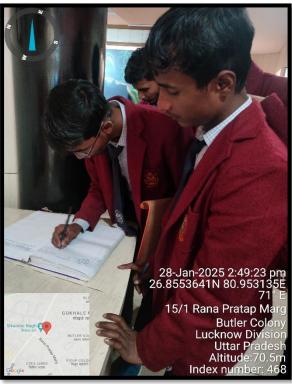


- **1. Energy Saved** Encouraging energy conservation through efficient appliances, renewable sources, and mindful usage.
- **2.** Water Saved Promoting water conservation by reducing wastage, rainwater harvesting, and efficient water management.
- **3. E-waste Reduced** Advocating responsible disposal, recycling, and upcycling of electronic waste to minimize environmental impact.
- **4. Single-Use Plastic Reduced** Reducing dependency on single-use plastics by opting for sustainable alternatives and reusable products.
- **5. Healthy Lifestyles Adopted** Encouraging physical well-being and mental health through sustainable and eco-friendly daily habits.
- **6. Waste Reduced** Minimizing waste generation through recycling, composting, and responsible consumption.
- **7. Sustainable Food Systems Adopted** Supporting local, organic, and plant-based diets to promote environmental sustainability and food security.



The event also included a registration process facilitated by Ms. Shiwangi Srivastava, Data Entry Operator, NBRI-EIACP. She managed the distribution of newsletters, brochures, and flyers related to Mission LiFE to ensure students received valuable resources for further learning.









After the discussion, Mrs. Nausheen Nisar administered the Mission LiFE pledge, where all students participated actively, committing to adopt sustainable habits in their daily lives.



The awareness program successfully engaged 25 Students of class 11th and 01 Faculty member students in understanding environmental sustainability and the significance of Mission LiFE. The interactive discussions, pledge, and informative materials provided a well-rounded experience, encouraging students to adopt eco-friendly practices in their daily lives.
